

SPECIAL ARTICLE

## Quality of Care in U.S. Hospitals as Reflected by Standardized Measures, 2002–2004

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### ABSTRACT

#### BACKGROUND

In July 2002, the Joint Commission on Accreditation of Healthcare Organizations implemented standardized performance measures that were designed to track the performance of accredited hospitals and encourage improvement in the quality of health care.

#### METHODS

We examined hospitals' performance on 18 standardized indicators of the quality of care for acute myocardial infarction, heart failure, and pneumonia. One measure assessed a clinical outcome (death in the hospital after acute myocardial infarction), and the other 17 measures assessed processes of care. Data were collected over a two-year period in more than 3000 accredited hospitals. All participating hospitals received quarterly feedback in the form of comparative reports throughout the study.

#### RESULTS

Descriptive analysis revealed a significant improvement ( $P < 0.01$ ) in the performance of U.S. hospitals on 15 of 18 measures, and no measure showed a significant deterioration. The magnitude of improvement ranged from 3 percent to 33 percent during the eight quarters studied. For 16 of the 17 process-of-care measures, hospitals with a low level of performance at baseline had greater improvements over the subsequent two years than hospitals with a high level of performance at baseline.

#### CONCLUSIONS

Over a two-year period, we observed consistent improvement in measures reflecting the process of care for acute myocardial infarction, heart failure, and pneumonia. Both quantitative and qualitative research are needed to explore the reasons for these improvements.

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THE 2001 REPORT OF THE INSTITUTE OF Medicine, *Crossing the Quality Chasm*, indicated that the American health care system “is currently functioning at far lower levels than it could and should.”<sup>1</sup> To address shortcomings in the health care system, the report called for the “establishment of monitoring and tracking processes for use in evaluating the progress of the health system.” The report emphasized the need to improve the effectiveness of health care through the consistent provision of services that are based on current scientific knowledge.

In 2003, the Agency for Healthcare Research and Quality (AHRQ) released the National Healthcare Quality Report (NHQR), which included results on a broad set of 57 performance measures that provided data on the trend in the quality of services for several clinical conditions.<sup>2</sup> Although improvement was reported in 20 of the 57 measures for which trend data were available, the use of disparate, pre-existing data sources limited the analysis and skewed the representativeness of some samples. In 2003, Jencks et al. reported on the positive changes in care delivered to Medicare beneficiaries, on the basis of data collected during two periods.<sup>3</sup> These results, however, could not be confidently generalized beyond the Medicare population. In addition, neither the AHRQ nor the Centers for Medicare and Medicaid Services (CMS) provided feedback to contributing hospitals on their performance as a tool for continual quality improvement.

In 2002, the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) implemented evidence-based standardized measures of performance in over 3000 accredited hospitals. The measures were designed to track hospitals' performance over time and encourage improvement through quarterly feedback in the form of comparative reports to all participating hospitals. Both qualitative and quantitative studies have demonstrated benefits associated with providing hospitals regular feedback on their performance on quality measures.<sup>4-7</sup> Comparative feedback has been particularly useful at an organizational level as a guide for improvement-oriented activities.<sup>4,8,9</sup>

While focusing on accredited hospitals, this report expands on the earlier work of the NHQR and CMS in three important ways. First, we did not limit patient populations to Medicare beneficiaries; rather, we included all patients. Second, data collected during the study were made available to hospitals through formal quarterly feedback reports,

allowing hospitals to monitor their performance over time in comparison to national rates. Third, our use of hospital-level longitudinal analysis allowed us to compare the rates of change between hospitals that began the study with a low level of performance and those that began with a high level of performance.

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## METHODS

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### PARTICIPANTS

JCAHO accreditation accounts for more than 90 percent of the acute care medical–surgical hospital beds in the United States.<sup>10</sup> In July 2002, the JCAHO required 3377 of its 4644 accredited hospitals to submit data on standardized performance measures on their choice of at least two of the four initially available sets of measures: acute myocardial infarction, heart failure, pneumonia, and pregnancy and related conditions. (The pregnancy measures were not included in this analysis because two of the three measures address rare events and the third [vaginal birth after cesarean] is a subject of controversy.) The 27 percent of accredited hospitals exempted from this requirement either did not provide services addressed by any of the measure sets (e.g., psychiatric hospitals or specialty hospitals) or had an average daily census of fewer than 10 patients.

### MEASURES AND DATA COLLECTION

The standardized performance measures for the quality of care for acute myocardial infarction, heart failure, and pneumonia (Table 1) were composed of precisely defined specifications and standardized data-collection protocols based on uniform medical language. The measures were designed to permit valid comparisons of health care organizations through the establishment of a national comparative database. Measures were identified with respect to published scientific evidence and consistency with established clinical-practice guidelines, since considerable gaps still exist between the practices described in clinical guidelines and the degree to which these practices are implemented during actual treatment.<sup>11-14</sup>

The JCAHO performed a pilot test of the measures from January through December 2001 through a collaborative effort among five state hospital associations and 83 hospitals in nine states.<sup>15</sup> After the national implementation of these measures, the reliability of the approach was reassessed

with the use of on-site reabstraction of medical records to evaluate the accuracy of the individual data elements collected in the third quarter of 2002. The average rates of agreement exceeded 90 percent.<sup>16</sup>

The JCAHO required accredited hospitals to collect data on performance measures for all eligible patients through the abstraction of medical records and, where applicable, the use of administrative or billing data. In a small number of hospitals (approximately 2 percent each of hospitals submitting data on acute myocardial infarction, heart failure, and pneumonia), patients' records were randomly sampled from all eligible patients. Only hospitals with at least 75 eligible patients per month were allowed to use sampling. Once these data were collected, hospitals submitted patient-level data to a third-party vendor, which compiled and transmitted hospital-level data to the JCAHO on a quarterly basis.<sup>17,18</sup> All participating hospitals received comparative feedback reports meeting standardized specifications on a quarterly basis. These reports were supplied by the third-party vendors and included, at a minimum, control charts to track variations in a hospital's performance over time and comparison charts to compare a hospital's rates for each measure against the national averages. Vendors often provided additional feedback for their hospital clients.

#### STATISTICAL ANALYSIS

For each measure, quarterly rates or means were calculated. Rates were based on a quarterly aggregation of data from all eligible patients. Rate-based measures are presented as a proportion in which the number of patients meeting the criteria for a specific measure is divided by the total number of patients. For continuous variables, national means were based on an aggregation of hospital means, weighted according to the number of patients, rather than a simple grand mean. Continuous variables are presented as a mean value (i.e., the number of minutes) for all patients who qualified for a given measure. For these measures, 2 percent of the aggregated data were identified as extreme outliers (i.e., monthly data points exceeding a threshold in which the mean time to thrombolysis was greater than 6 hours, the mean time to percutaneous coronary intervention was greater than 24 hours, or the mean time to the administration of antibiotics for pneumonia was greater than 36 hours) and were removed from the analysis. The national trends were analyzed with the use of ordinary least-squares regression analysis to quantify the linear change over

time, expressed as change per quarter on the percent scale. For rate-based measures that have a high overall rate of performance, there was evidence that rates approached an upper asymptote over time. For these measures, a nonlinear three-parameter logistic curve was fitted to the data to quantify this upper asymptote. To compare the time trend on the measure of smoking-cessation counseling or advice, an analysis of covariance was used.<sup>19</sup>

For the analysis of hospital temporal trends, a mixed random-coefficients model analysis was used to assess the time trend, with the specific form of the analysis depending on the type of measure being analyzed: generalized linear mixed models were used to analyze binomial counts for the rate-based measures,<sup>20</sup> normal mixed random-coefficient models were weighted with the use of the variance of each data point for the continuous variables,<sup>21</sup> and a Poisson general linear mixed model was used for the risk-adjusted measures.<sup>22</sup> The influence of baseline values of a measure on the change in hospitals' performance over time was assessed by adding an independent baseline variable to the model, as well as an interaction between this baseline variable and the linear effect of time. The interpretation of this interaction is the change in the linear effect of time per unit change in the baseline value of the measure. All reported P values are two-sided and are not adjusted for multiple testing.

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## RESULTS

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To ensure longitudinal comparability, we limited the analysis to hospitals that submitted data from the third quarter of 2002 (the first quarter of the study) through the second quarter of 2004 (the eighth and final quarter of the study). As a result, of the 3377 hospitals initially identified as participants, 3087 were included in the analysis; 1473 of the 3087 hospitals submitted data on acute myocardial infarction (only 1258 submitted data for the mean time to thrombolysis, and only 688 submitted data for the mean time to percutaneous coronary intervention, since not all hospitals submitting data on acute myocardial infarction provided these services), 1946 hospitals submitted data on heart failure, and 1797 submitted data on pneumonia. The decision to limit our analysis to hospitals with complete data sets led to the removal of 69 hospitals from the analysis of data on acute myocardial infarction, 82 hospitals from the analysis of data on heart failure, and 95 hospitals from the analysis of data on pneumonia.

**Table 1. Core Measures of the JCAHO for the Quality of Care for Acute Myocardial Infarction, Heart Failure, and Pneumonia.\***

| Measure  | Patients Included   | Patients Excluded   |
|--|---|---|
| <b>Acute myocardial infarction</b>   | Patients 18 years of age or older with a principal ICD-9-CM discharge diagnosis of acute myocardial infarction  |   |
| Aspirin within 24 hours after admission†‡  |   | Patients who were transferred to another acute care hospital on day of arrival or transferred from another hospital, including another emergency department; patients who were discharged, died, or left against medical advice on day of arrival; patients with one or more contraindications to aspirin       |
| Aspirin prescribed at discharge†‡  |   | Patients who were transferred to another acute care hospital, died, left against medical advice, or were discharged to a hospice; patients with one or more contraindications to aspirin  |
| ACE inhibitor prescribed at discharge for patients with left ventricular systolic dysfunction†‡              |   | Patients who were transferred to another acute care hospital, died, left against medical advice, or were discharged to a hospice; patients participating in a clinical trial of ACE inhibitors; patients with one or more contraindications to ACE inhibitors   |
| Smoking-cessation counseling or advice†‡   |   | Patients who were transferred to another acute care hospital, died, left against medical advice, or were discharged to a hospice  |
| Beta-blocker within 24 hours after admission†‡   |   | Patients who were transferred to another acute care hospital on day of arrival or transferred from another hospital, including another emergency department; patients who were discharged, died, or left against medical advice on day of arrival; patients with one or more contraindications to beta-blockers |
| Beta-blocker prescribed at discharge†‡   |   | Patients who were transferred to another acute care hospital, died, left against medical advice, or were discharged to a hospice; patients with one or more contraindications to beta-blockers  |
| Mean time from arrival to thrombolysis§  | Patients with ST-segment elevation or left bundle-branch block on the electrocardiogram obtained closest to hospital arrival who received thrombolytic therapy within the first 6 hours after arrival   | Patients who were transferred to another acute care hospital on day of arrival or transferred from another hospital, including another emergency department; patients who received thrombolytic therapy more than 6 hours after arrival   |
| Mean time from arrival to PCI§   | Patients with ST-segment elevation or left bundle-branch block on the electrocardiogram obtained closest to hospital arrival; patients with a valid ICD-9-CM procedure code for PCI; patients who underwent PCI within the first 24 hours after arrival | Patients who were transferred to another acute care hospital on day of arrival or transferred from another hospital, including another emergency department; patients who underwent PCI more than 24 hours after hospital arrival; patients given thrombolytic agents   |
| Inpatient death¶   |   | Patients who were transferred to another acute care hospital on day of arrival or transferred from another hospital; patients who died in the emergency department  |
| <b>Heart failure</b>   | Patients 18 years of age or older with a principal ICD-9-CM discharge diagnosis of heart failure  | Patients discharged or transferred anywhere except home, home care, or home intravenous therapy   |
| Discharge instructions regarding medications, diet, weight, worsening of symptoms, follow-up, and activity†‡ |   | Patients who were transferred to another acute care hospital, died, left against medical advice, or were discharged to a hospice; patients with documented reasons for the absence of an assessment of left ventricular function  |

|   |  |
|---|--|
| ACE inhibitor prescribed at discharge for patients with left ventricular systolic dysfunction†‡ | Patients who were transferred to another acute care hospital, died, left against medical advice, or were discharged to a hospice; patients participating in a clinical trial of ACE inhibitors; patients with one or more contraindications to ACE inhibitors  |
| Smoking-cessation counseling or advice†‡  | Patients who were transferred to another acute care hospital, died, left against medical advice, or were discharged to a hospice   |
| <b>Pneumonia</b>  | Patients with a principal ICD-9-CM discharge diagnosis of pneumonia (or a principal discharge diagnosis of septicemia or respiratory failure with a secondary diagnosis code of pneumonia)   |
| Oxygenation assessment within 24 hours after admission†‡  | Patients less than 18 years of age; patients who were transferred from another acute care or critical care access hospital; patients who had no working diagnosis of pneumonia at admission; patients who were receiving comfort measures only   |
| Pneumococcal screening, vaccination, or both by discharge†‡                                     | Patients less than 65 years of age; patients who were transferred from another acute care or critical care access hospital; patients who were transferred to another acute care hospital or federal hospital, died, left against medical advice, or were discharged to a hospice; patients who had a documented allergy or sensitivity to pneumococcal vaccine; patients who had no working diagnosis of pneumonia at admission; patients who were receiving comfort measures only |
| Blood cultures collected before initiation of antibiotic therapy†‡                              | Patients less than 18 years of age; patients who were transferred from another acute care or critical care access hospital; patients who had no working diagnosis of pneumonia at admission; patients who were receiving comfort measures only; patients for whom no blood cultures were obtained  |
| Smoking-cessation counseling or advice†‡  | Patients less than 18 years of age; patients who were transferred to another acute care hospital or federal hospital, died, left against medical advice, or were discharged to a hospice; patients who had no working diagnosis of pneumonia at admission; patients who were receiving comfort measures only   |
| Mean time from arrival to initial antibiotic administration‡§                                   | Patients less than 29 days of age; patients who were transferred from another acute care or critical care access hospital; patients who had no working diagnosis of pneumonia at admission; patients who were receiving comfort measures only; patients whose initial antibiotic was administered more than 36 hours after arrival   |

\* Detailed specifications for the core measures, including descriptions of each measure, definitions of data elements, programming algorithms, code tables, and risk-adjustment methods, are available at [www.jcaho.org/pms/core+measures/information+on+final+specifications.htm](http://www.jcaho.org/pms/core+measures/information+on+final+specifications.htm). Two of the original core measures were not included in this study. The pneumonia measure “pediatric smoking-cessation advice or counseling” was omitted owing to the small and unstable population size. The pregnancy measure “vaginal birth after cesarean section” was omitted owing to the changes in the evidence base for the measure and the resulting difficulties in interpretation. JCAHO denotes Joint Commission on Accreditation of Healthcare Organizations; ICD-9-CM *International Classification of Diseases, 9th Revision, Clinical Modification*; ACE, angiotensin-converting enzyme; and PCI, percutaneous coronary intervention.

† This rate-based measure is presented as a proportion, in which the number of patients who met the criterion is divided by the total number of patients.

‡ This measure reflects a clinical care process (as opposed to an outcome of care).

§ This continuous variable is presented as a mean value for all patients who met the criterion.

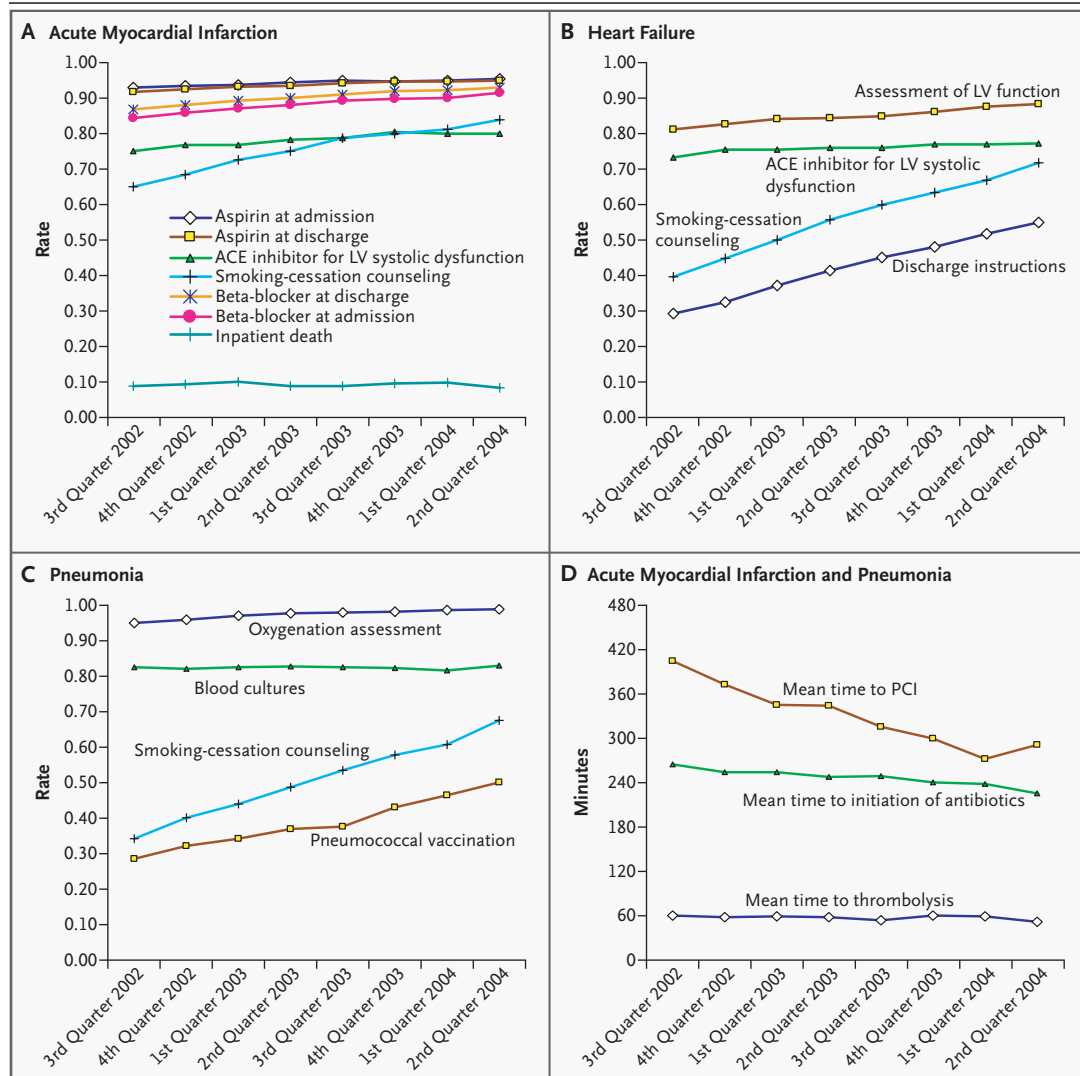
¶ This measure targets a specific outcome of clinical care.

These hospitals had very small samples, leading to particular quarters in which no cases of these conditions were reported.

**NATIONAL ANALYSIS**

National rates for each measure are shown according to quarter in Figure 1 and Table 2. Rate-based

measures are shown for each condition. The three measures expressed as continuous variables are displayed together in Figure 1D. The national rates and means include data from all participating hospitals. On a national scale, performance for 15 of the 18 standardized measures demonstrated a significant trend of improvement (change per quarter) over



**Figure 1. Trends in the Measures of the Quality of Care for Acute Myocardial Infarction (Panels A and D), Heart Failure (Panel B), and Pneumonia (Panels C and D) at U.S. Hospitals from July 2002 to June 2004.**

Data in Panels A, B, and C are based on aggregate calculations for rate-based measures (dividing the number of patients who met the criterion by the total number of patients) for all participating hospitals. An improvement is reflected by a positive slope for all rate-based measures except inpatient death after acute myocardial infarction, for which an improvement is reflected by a negative slope. Panel D shows weighted mean values (in minutes) for the continuous variables. Mean values for each hospital were weighted by the total number of patients included by each hospital. For this panel, an improvement is reflected by a negative slope. ACE denotes angiotensin-converting enzyme, LV left ventricular, and PCI percutaneous coronary intervention.

the eight-quarter period ( $P<0.01$ ), and no measure showed significant deterioration. The overall rates for four of the measures for acute myocardial infarction and one of the pneumonia measures approached an upper limit: aspirin at admission (96 percent), aspirin at discharge (96 percent), beta-blocker at admission (95 percent), beta-blocker at discharge (96 percent), and oxygenation assessment (99 percent).

Among the 18 measures studied, the most dramatic improvement occurred in the three measures of counseling for smoking cessation. A 19 percent, 32 percent, and 33 percent absolute difference from the first to the last quarter studied was observed for

acute myocardial infarction, heart failure, and pneumonia, respectively. Interestingly, comparisons of the measures of counseling for smoking cessation, which were identically defined in the three categories, revealed significant differences in the national performance rates in each. Performance on the measure of smoking-cessation counseling for acute myocardial infarction was superior to that for heart failure, which was, in turn, better than that for pneumonia ( $P<0.001$ ). The rates of change (slope) over the eight quarters were also significantly different ( $P<0.001$ ) between the measures of counseling for smoking cessation for acute myocardial infarction (3 percent per quarter) and the measures of coun-

**Table 2. Mean Values and Overall Changes in Measures of the Quality of Care during the Eight Quarters.\***

| Measure                                       | Average No. of Patients per Hospital per Quarter | 1st Quarter | 8th Quarter | Absolute Difference | P Value |
|---|--|-------------|-------------|---------------------|---------|
| <b>Acute myocardial infarction</b>            |  |             |             |                     |         |
| Aspirin at admission (%)                      | 40   | 93          | 95          | 3                   | 0.002   |
| Aspirin at discharge (%)                      | 48   | 92          | 95          | 3                   | <0.001  |
| ACE inhibitor for LV systolic dysfunction (%) | 13   | 75          | 80          | 5                   | <0.001  |
| Smoking cessation counseling (%)              | 18   | 65          | 84          | 19                  | <0.001  |
| Beta-blocker at admission (%)                 | 35   | 84          | 91          | 7                   | <0.001  |
| Beta-blocker at discharge (%)                 | 47   | 87          | 93          | 6                   | <0.001  |
| Mean time to thrombolysis (min)               | 4  | 62          | 54          | -8                  | 0.53    |
| Mean time to PCI (min)                        | 10   | 406         | 293         | -113                | <0.001  |
| Inpatient death (%)                           | 43   | 9           | 8           | -1                  | 0.58    |
| <b>Heart failure</b>                          |  |             |             |                     |         |
| Discharge instructions (%)                    | 57   | 29          | 55          | 26                  | <0.001  |
| Assessment of LV function (%)                 | 69   | 81          | 88          | 7                   | <0.001  |
| ACE inhibitor for LV systolic dysfunction (%) | 24   | 73          | 77          | 4                   | 0.005   |
| Smoking-cessation counseling (%)              | 11   | 39          | 72          | 32                  | <0.001  |
| <b>Pneumonia</b>                              |  |             |             |                     |         |
| Oxygenation assessment (%)                    | 68   | 95          | 99          | 4                   | <0.001  |
| Pneumococcal vaccination (%)                  | 37   | 28          | 50          | 22                  | <0.001  |
| Blood cultures (%)                            | 49   | 82          | 83          | <1                  | 0.31    |
| Smoking-cessation counseling (%)              | 13   | 34          | 67          | 33                  | <0.001  |
| Mean time to initiation of antibiotics (min)  | 65   | 266         | 227         | -39                 | <0.001  |

\* The first quarter of the study was the third quarter of 2002, and the eighth and final quarter of the study was the second quarter of 2004. Mean rates for rate-based measures are based on aggregate calculations (dividing all patients who met the criterion by the total number of patients) for all participating hospitals. An improvement is reflected by an increase in the rate for all rate-based measures except inpatient death after acute myocardial infarction, for which an improvement is reflected by a decrease in the rate. Mean values for continuous variables are based on aggregated mean rates for each participating hospital weighted by the total number of patients included by each hospital. An improvement in these measures is reflected by a decrease in the value. All numbers (except P values) were rounded to the nearest integer. ACE denotes angiotensin-converting enzyme, LV left ventricular, and PCI percutaneous coronary intervention.

selling for smoking cessation for heart failure and pneumonia (4 percent and 5 percent per quarter, respectively).

#### HOSPITAL-LEVEL ANALYSIS

The analyses involving a mixed random-coefficients model demonstrated that the degree of hospitals' improvement was significantly positively associated with baseline performance and linear time for all rate-based process measures and two of the three measures expressed as continuous variables ( $P < 0.05$ ). Only the mean time to thrombolysis did not reveal a significant relationship between baseline performance and linear time. More simply stated, the performance of hospitals generally tended to improve over time, and hospitals that began the study with lower baseline rates tended to improve at faster rates than hospitals with higher baseline rates. Table 3 illustrates this trend by stratifying hospitals into three groups according to their baseline percentile ranks for each measure.

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#### DISCUSSION

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Our data demonstrate a steady improvement in the performance of U.S. hospitals over a period of eight quarters in measures reflecting the quality of care for acute myocardial infarction, heart failure, and pneumonia. Improvement was observed in 15 of 18 measures, including 3 measures that already had mean performance rates of over 90 percent in the first quarter (e.g., the rate for aspirin at admission was 93 percent in the third quarter of 2002). Moreover, hospital-level analysis revealed that, for 16 of the 17 process measures, hospitals that began the study as low-level performers tended to improve at faster rates than those that started the study with higher levels of performance. With each passing quarter, low-level performers improved more quickly. In contrast, high-level performers generally maintained their high level of performance or improved at slower rates.

The faster rate of improvement among low-level performers represents an important finding. Whereas low-level performers have the most room for improvement, one might have expected different results, since such hospitals may be less likely to focus on quality or make an effort to improve performance than their counterparts with a higher level of performance. Our results support the results of previous work and lend support to the use of these measures as a means for encouraging improvement in hospitals and as tools for monitoring hospitals'

performance, as called for by the Institute of Medicine.<sup>1,3,7-9,23</sup> Receiving quarterly national comparative data may have been an added stimulus for poor-performing hospitals to improve.

The improvement observed in some measures may have resulted in part from increased attention to documentation, rather than better patient care. Although this possibility cannot be definitively discounted, it could not explain the reductions noted in the time to thrombolysis and time to percutaneous coronary intervention.

A review of the measures of the quality of care for acute myocardial infarction reveals an apparent contradiction between improvement in the process measures and the lack of improvement in the inpatient-death measure. This discrepancy is misleading for two important reasons. First, it is highly unlikely that improvements in these process measures would have an important effect on inpatient death. In fact, four of the eight process measures for acute myocardial infarction address discharge activities, and the patient populations targeted by the measures for the timing of thrombolytic therapy and percutaneous coronary intervention, which one might reasonably expect to be correlated with inpatient death, represent only a small fraction of the patients included in the inpatient-death measure. Second, the process measures were selected because they had a scientific evidence base, established through randomized clinical trials, that demonstrated their relationship to multiple measures of outcome. In such instances, process measures can be more sensitive to differences in quality than comparisons of outcomes.<sup>24</sup> The inpatient-death measure would therefore be expected to provide important information about an individual hospital's performance but would not be expected to mirror trends observed for the process measures.

This study has several limitations. First, it is dependent on self-reported data from hospitals. Although the reliability of the data was evaluated twice, once in the pilot test of the measures and a second time after national implementation of the approach,<sup>15,16</sup> the nature of self-reported data provides an opportunity to introduce bias into the results. However, the results are consistent with findings reported in studies that used data collected by independent sources.<sup>3,6,7,23</sup> The Veterans Affairs health care system, for example, used similar measures, collected by independent abstractors, to track changes in performance after the implementation of a systemwide reengineering program. Over a four-year period, dramatic improvements

in the quality of care were observed.<sup>25</sup> Second, although improvements must have been due to hospital-based efforts to upgrade the quality of care, there is no way to determine the degree to which feedback on performance measures stimulated these improvement initiatives. Certainly, the national attention directed at these high-risk, problem-prone patient populations by the CMS, the National Quality Forum, the JCAHO, and others contributed to the observed improvement, independently of the availability of feedback on performance measures.

In this issue of the *Journal*, Jha et al., who analyzed 10 measures from the CMS Hospital Quality Alliance, also reported modest differences in the performance of hospitals on the basis of specific characteristics, such as geographic location, teaching status, and for-profit or not-for-profit status.<sup>26</sup> These easily observable demographic characteristics, however, did not account for the majority of the variation in quality observed on the measures. Both quantitative and qualitative research are needed to evaluate the reasons for differences in

**Table 3. Average Change in Measures of the Quality of Care over Time, According to Baseline Performance.\***

| Measure                                   | Low Level of Performance at Baseline (0–25th percentile) |             | Average Level of Performance at Baseline (26th–75th percentile) |             | High Level of Performance at Baseline (76th–100th percentile) |             |
|---|--|-------------|---|-------------|---|-------------|
|   | 1st Quarter  | 8th Quarter | 1st Quarter   | 8th Quarter | 1st Quarter   | 8th Quarter |
|   | <b>Rate-based (%)</b>                                    |             |   |             |   |             |
| Acute myocardial infarction               |  |             |   |             |   |             |
| Aspirin at admission                      | 78   | 93          | 95  | 96          | 100   | 96          |
| Aspirin at discharge                      | 66   | 86          | 93  | 94          | 100   | 92          |
| ACE inhibitor for LV systolic dysfunction | 36   | 74          | 79  | 81          | 100   | 83          |
| Smoking-cessation counseling              | 7  | 68          | 61  | 80          | 98  | 85          |
| Beta-blocker at admission                 | 61   | 86          | 88  | 92          | 100   | 93          |
| Beta-blocker at discharge                 | 59   | 85          | 89  | 93          | 100   | 93          |
| Heart failure                             |  |             |   |             |   |             |
| Discharge instructions                    | 1  | 42          | 24  | 53          | 73  | 73          |
| Assessment of LV function                 | 50   | 72          | 81  | 87          | 97  | 93          |
| ACE inhibitor for LV systolic dysfunction | 42   | 70          | 76  | 77          | 98  | 84          |
| Smoking-cessation counseling              | 2  | 63          | 37  | 69          | 87  | 81          |
| Pneumonia                                 |  |             |   |             |   |             |
| Oxygenation assessment                    | 82   | 97          | 96  | 99          | 100   | 99          |
| Pneumococcal vaccination                  | 0  | 35          | 25  | 50          | 67  | 66          |
| Blood cultures                            | 63   | 77          | 85  | 84          | 98  | 84          |
| Smoking-cessation counseling              | 1  | 57          | 31  | 65          | 80  | 74          |
| <b>Continuous (min)</b>                   |  |             |   |             |   |             |
| Time to thrombolysis                      | 138  | 63          | 52  | 56          | 24  | 49          |
| Time to PCI                               | 881  | 340         | 302   | 262         | 92  | 196         |
| Time to initiation of antibiotics         | 380  | 254         | 247   | 218         | 159   | 190         |

\* Hospitals were grouped into three strata on the basis of their percentile rank for each measure at baseline. The first quarter of the study was the third quarter of 2002, and the eighth and final quarter was the second quarter of 2004. An improvement in rate-based measures is reflected by an increase in the rate. An improvement in a continuous variable and the outcome measure is reflected by a decrease in the value. For 16 of the 17 measures, a low level of performance at baseline was significantly associated with greater improvement in performance over the subsequent seven quarters ( $P < 0.001$  for 15 measures and  $P = 0.03$  for the time to percutaneous coronary intervention [PCI]). Baseline performance was not associated with an improvement in the time to thrombolysis ( $P = 0.33$ ). These P values were based on a random-effects model:  $y_t = \alpha + B_1 \text{baseline} + B_2 \text{time} + B_3 \text{baseline} \cdot \text{time}$ , where  $y_t$  represents a hospital's predicted value at a given time (the log base  $e$  odds ratio for rate-based measures and the value for continuous variables). ACE denotes angiotensin-converting enzyme, and LV left ventricular.

hospital performance and improvement. Our study included only hospitals that were accredited by the JCAHO and excluded hospitals with an average daily census of fewer than 10 patients. As a result, our findings may underrepresent the performance of very small hospitals.

Although the impetus for the improvement cannot be pinpointed, the improvement in measures reflecting the quality of care for acute myocardial infarction, heart failure, and pneumonia remains very encouraging. If the current rates of change were to be maintained (which is by no means a certainty), the mean performance for hospitals that began the study in the lowest performance quartile would be expected to reach rates of 90 percent for 11 of the 14 rate-based process measures by the first quarter of 2006. Given the very low starting point or slow

rate of improvement observed for the remaining three rate-based process measures (discharge instructions, pneumococcal screening or vaccination, and blood cultures), the 90 percent mark would probably not be reached until 2007 or 2008. It is also important to note that the data were largely collected before the widespread public reporting of hospital data or the implementation of pay-for-performance initiatives. The role and influence of public reporting is a widely debated subject that varies depending on the intended audience and the purpose of the reporting.<sup>9,23,27,28</sup> As the JCAHO's database of performance measures expands with each passing quarter, it will offer an opportunity to track the effect of national public reporting and pay-for-performance initiatives to a degree that once was not possible.

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