

GlycemicControl.net

Your Complete Resource for Optimized Glycemic Control



www.glycemiccontrol.net

Protocol Origin	Insulin Infusion					Insulin Titration		
	Glucose (mg/dL)	Insulin (U/h)	Time	Blood Glucose	Action			
Portland Protocol (1999)	Goal: <150 mg/dL	1U/ml soln						
Diabetic Patients	blood glucose	IIT infusion						
Perioperatively to	<150	0	q 2hr	<75	stop IIT, 25ml D50W, 30 min if >150, IIT at 50%			
Post-operative Day 2	150-200	1	q 2hr	75-100	stop IIT, 30 min if >150, IIT at 50%			
Post-operative Day 3	201-250	2	q 1hr	101-150	decr IIT if <10% lower than prev, decr IIT 0.5u/hr			
restart diabetic meds	>251	3	q 1hr	101-150	if > 10% lower, decr IIT 50%			
restart diabetic diet				151-200	no change			
stop testing				201-250	if lower, no change, if < 10% lower or higher incr 1u/hr			
Undiagnosed, BG > 200				>250	if > 10% lower, no change, if < 10% or higher incr 1u/hr			
start protocol				>251	if no decr at 3 hr, double IIT			
consult endocrine								
Portland Protocol (2001)	Goal: 100-150mg/dL	1U/ml soln						
Diabetic Patients*	blood glucose	bolus - infusion						
Perioperatively to	80-119	0 - 0.5^ 1*	q 1hr	<50	stop IIT, 25ml D50W, 30 min if >75, IIT at 50%			
Post-operative Day 2	120-179	0 - 1^ 2*	q 1hr	50-75	stop IIT, 30 min if prior >100, 25ml D50. > 75, IIT at 50%			
restart diabetic diet	180-239	0 - 2^ 3.5*	q 30 min	75-100	< 10 lower than prior, decr IIT 0.5 u/hr; >10 decr IIT 50%			
sq humalog 3U pc for <50%	240-299	4 - 3.5^ 5*	q 30 min	75-100	if same, no change			
sq humalog 6U pc for >50%	300-359	8 - 5^ 6.5*	q 30 min	101-150	no change			
Post-operative Day 3	≥ 360	12 - 6.5^ 8*	q 30 min	151-200	if 20 < prior, no change, otherwise, incr 0.5 U/h			
restart diabetic meds				>200	if 30 < prior or > prior, incr 1 U/h, if same for 3hr, double IIT			
				>240	bolus and IIT			
Undiagnosed^, BG > 200								
start protocol								
consult endocrine								

© 2005 Medical Automation Systems, Inc., Charlottesville, VA USA.